

NOC's Urban Sprint Success Continues!



June has seen NOC's prowess in the Urban/Sprint discipline extended with wins at the British Sprint Championships as well as the delivery of a Sprint training day that attracted much praise from neighbouring orienteering clubs.

Read about it below.

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British Sprint Championships - Warwick University, Coventry:

These were held on Sunday 23rd June with qualifying events in the morning and finals in the afternoon.

Richard Robinson won the M40A Final and Hilary Palmer came third in the W75A Final, just 13 seconds behind the winner! Ant Squire also secured a creditable 8th place finish in the M45A Final in a Championship/Gold level finishing time.



Richard Robinson in top spot for the M40A Final.

In the M65A Final, Mick Lucking and Paul Morris came home in Gold and Silver Championship times respectively.

There were also wins in the B Finals for Jane Booker (W70B), Pat Squire (M75B) and Richard Llewellyn (M70B).

Results and splits can be viewed on the [SI Results](#) pages. These were strong performances from a small club and bode well as the rest of the Urban/Sprint season unfolds.

Indeed, the next event is coming-up this Sunday, 30th June, at Nottingham Trent University in Clifton. This event is part of the East Midlands Urban League but includes courses for newcomers too. Hilary Palmer has planned some excellent courses around the university campus with some also venturing into nearby Clifton village. [Be sure to enter via The Start Kite before the 26th](#) to guarantee your map.

NOC's Urban Sprint Training Is A Hit:

NOC held a Sprint Training day on the campus of the University of Nottingham in June. It was effectively a local Level D event aimed at regional youth squads from East Midlands and neighbouring regions but was also offered to club members of any age too.

The format was the brainchild of Ant Squire who not only co-organised the event but also planned all the various courses (four individual sprint courses, each with short, medium and long course options as well as two Relay options).



Participants collected their maps at an initial briefing in the Assembly area (rather than at the Start), and each A4 sized map contained all the Individual or Relay courses on them which saved a lot of ink & paper.

Numbers were capped at 180 and all but a few of those turned-up on the day. Feedback was excellent with many highly positive remarks made at the venue and subsequently on our [Facebook page](#). This was seen by many as an innovative way to expand the breadth of orienteering training opportunities and, anecdotally, a number of other clubs may adopt a similar format in the future.

Congratulations to Ant Squire and co-organiser Hilary Palmer for putting this event on. A big thanks also to all the helpers on the day, especially at Assembly & Download. This format did cause some extra work where [results](#) were concerned but the overall outcome was highly positive and has helped to keep NOC as a well respected club on the British Orienteering scene.

New Members:

A very warm welcome to Neelum and James Corden-Mistry who have recently joined the club. Neelum and James are currently taking part in our MapActive programme and doing well. We look forward to seeing them both at the urban event in Clifton on Sunday.



Updated British Orienteering Website:



British Orienteering has refreshed its [website](#). The first pages have been designed to make it more appealing to newcomers to the sport. However, all the usual links for existing members are available once you are logged-in. Take some time to explore the new layout.

You may also find it useful to review the resources available on the [British Orienteering YouTube channel](#). There are lots of really useful videos on a wide range of orienteering topics and newer members could find this a treasure trove of information.

The [Sprint World Orienteering Championships](#) will be taking place in Edinburgh between the 11th and 16th of July. There is a dedicated website for this event which contains up-to-date news about the teams along with details of the free TV coverage that will be available for this event. Great Britain has a strong Sprint team so this will be a rare opportunity to see our elites in action.

Other Recent Results:

Ibstock - EM Urban League:

There was NOC success here for Paul Morris (1st overall on Course 4) and Helen Parkinson who was the first in the W55 category and 3rd overall on Course 4. There were also top ten finishes for Richard Willis, Robert Parkinson, Hilary Palmer and Pat Squire.

Upcoming Events:

30 June - [Nottingham Trent University, Clifton](#) (EM Urban League)

14 July - [Chesterfield](#) (EM Urban League)

21 July - [Wollaton Park](#) (NOC local event)

11 August - [Coalville](#) (EM Urban League)

18 August - [Lincoln](#) (EM Urban League)

Mid-week non-competitive activities roughly every two weeks. See [Bassetlaw District Orienteers](#) or keep a lookout on our Facebook page.

[DVO](#) are running local events over the coming months.

The LEI [Summer Series](#) runs mid-week until mid August.

There are numerous other events taking place in neighbouring regions. Take a look at the [British Orienteering website](#) for details.

Club AGM Advance Notice:

We are aiming to hold the club's Annual General Meeting immediately after a local event at Rushcliffe Country Park on the 8th September. Being immediately after an event, there will be food and refreshment available for all NOC members taking part in the meeting.

The AGM meeting itself typically lasts less than an hour. The formal element is quickly administered and the session then offers an opportunity to talk freely with other members about how the club should develop in the future. Input is welcomed from members new and old! Further details about the local event and AGM will be provided nearer the time but for now, please put this event date in your diary.

Training For Event Officials:

A reminder that a training day has been set for 12th October which will introduce members to the processes involved in planning and organising an event. These will be separate courses delivered in a face-to-face environment.

The aim is to illustrate how organising and planning an event can be an enjoyable experience, providing much in the way of orienteering personal development.

Please consider participating in one of these courses. It will help secure the progress of the club into the future and help ease the load on the small team who currently organise and plan events for the club. Please contact Pauline Olivant for more information Membership@noc-uk.org.

Status of Future NOC Events & Activities:

Here's a summary of NOC events & activities being considered. Obviously, much depends on obtaining permissions and securing the support of key event officials:

Bassetlaw District Orienteers: Between April and September (once or twice per month (except August)).

July 21 2024 - Local event at Wollaton Hall (CONFIRMED)

Sep 8 2024 - Local event at Rushcliffe Country Park (CONFIRMED)

Oct 6 2024 - UKUL and EM Urban League - Nottingham (CONFIRMED)

Nov 17 2024 - EM League - Shirebrook (CONFIRMED)

Dec 22 2024, EM League - Walesby (CONFIRMED)

For 2025:

Feb' 23 2025: CompassSport Cup Heat - Clumber park (in progress)

July 12 2025: Euro City Race - Nottingham (in progress)

Keep an eye on the [Fixtures page of the NOC website](#) for the latest status.



***Enjoy your
summer of urban
orienteering!***